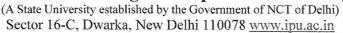


Guru Gobind Singh Indraprastha University





VICE CHANCELLOR'S SECRETARIAT

No.GGSIPU/VCO/2024/69 40

Dated: 27.05.2024

INVITATION For

Interaction Session on Nutrition and Diet by Dr. Poonam Jain (BDS, MS, MPH)

An Interaction session on Nutrition and Diet is being organized in the University on 29th May, 2024 in the E-Block Seminar Hall from 10.30 AM onwards by Dr. Poonam Jain (BDS, MS, MPH), Vice Dean, ATSU Missouri School of Dentistry and Oral Health.

The Minute-to-Minute Programme is attached herewith.

All the Students, Teaching and Non Teaching staff of the University are cordially invited to attend the above session please.

> Assistant Registrar Vice Chancellor's Sectt.

With the request to please circulate

posted in their respective branches

the Invitation among all the staff members

Copy to:

All Deans/Directors, USS/Centre, GGSIPU with the request to please circulate the Invitation amongst all the Students, Teaching and Non-Teaching staff posted in their respective school/centre.

please

- 2. Controller of Finance, GGSIPU
- 3. Controller of Examinations(I), GGSIPU
- 4. Controller of Examinations(II), GGSIPU
- 5. Superintending Engineer, UWD, GGSIPU
- 6. Library Incharge, GGSIPU
- 7. All Branch Incharge, GGSIPU
- 8. AR to Registrar for kind information of the Registrar.
- 9. Head, UITS with the request to upload the same on University website.
- 9. Notice Board, GGSIPU
- 10. Guard File.



Guru Gobind Singh Indraprastha University



(A State University established by the Government of NCT of Delhi) Sector 16-C, Dwarka, New Delhi 110 078

MINUTE TO MINUTE PROGRAMME FOR THE SESSION ON NUTRITION AND DIET by **Dr. Poonam Jain** (BDS, MS, MPH), Vice Dean, ATSU Missouri School of Dentistry and Oral Health

Date: 29th May, 2024 Venue: E-Block Seminar Hall

•	Arrival of Guest	10.30 AM
•	Lighting of Lamp	10.33 AM
•	Floral Welcome and Felicitation of Guest	10.35 AM
•	Welcome Address	10.37 AM
•	Address by Hon'ble Vice Chancellor	10.40 AM
•	Session on Nutrition & Diet by Dr. Poonam Jain,	10.50 AM
•	Q & A Session for the participants with the Speaker	11.50 AM
•	High Tea	12.05 PM



GURU GOBIND SINGH INDRAPRASTHA UNIVERSITY









in association with

Directorate of Students'

Welfare, GGSIPU

presents

WE
ARE WHAT
WE EAT
BUSTING
NUTRITIONAL

MYTHS

SESSION

ON

NUTRITION & DIET

WITH

DR. POONAM JAIN BDS, MS, MPH

VICE DEAN, ATSU MISSOURI SCHOOL
OF DENTISTRY AND ORAL HEALTH

- Discussion of clear definition of Nutrition
- Relationship between diet & chronic diseases
- Clarification between evidence-based ideas and nutritional myths
- Description Dietary Guidelines for all ages- across the human life-span.



Wednesday, 29 May 2024 10:30AM - 12:00 Noon E Block-Seminar Hall

